

## ABSTRACT

This paper is based on a novel by Sidney Sheldon, *Nothing Lasts Forever*. The goals of this analysis are, firstly, to show the effect of Kat's unusual personalities and behaviours. The second function is to discover the treatments which Sheldon uses in his novel. The research methodology was done by library research. The writer gets the information from libraries and the internet. The analysis was done by using *Stress Counselling & Post Traumatic Stress Disorder* and many others to the novel entitled, *Nothing Lasts Forever*.

It is concluded that Sheldon describes the effect of child sexual abuse in Kat's character such as the unexpressed anger, the intrusion, the avoidance, the hyper-arousal, the anxiety and low self-confident in Kat Hunter. Those unexpected effects are showed when Kat has grown up and works as a doctor.

The unusual personality of Kat Hunter is triggered by two factors such as the unexpected incident which happens in sudden and the occurrence of death threat from Kat's stepfather. Those factors are also described by Sidney Sheldon in his novel.

In the novel, Sheldon also put the treatments for Kat. She is running away from her home. She lives with her aunt, Aunt Sophie. She is the one who protect Kat after the incident. Another therapies that Aunt Sophie applies to Kat such as creating belief, protection, develops self-confidence and treatment using psychotherapy. She also grows Kat's reading interest. Kat becomes the top of the class because she likes to read books.

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